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Search continues for 25th CAB crew members

Staff Writer

HALEIWA HARBOR — As of Thursday, Aug. 17, the Army, along with teams from the U.S. Coast Guard, the U.S. Navy, the Honolulu Fire Department, and the City and County of Honolulu's Ocean Safety Division, continued its search on Thursday for five Soldiers in a UH-60 Black Hawk reported missing off Kaena Point on Tuesday night.

Some debris believed to have been from the helicopter was found about 5 miles off shore of Kaena Point on Wednesday, said Lt. Scott Carr, spokesperson for the Coast Guard's 14th District in Hono-

The search area had expanded to 50 miles off shore of Kaena Point by Thursday, Carr said, adding that this expansion is normal given that ocean currents can move the debris field.

Officials have set up a "safety zone" around the search area, he said. It is centered about 2 miles northwest of Kaena Point and extends in a radius of approximately 5 nautical miles, according to the Coast Guard. Unauthorized vessels are prohibited from entering the area.

Also, personnel from the Army Combat Readiness/Safety Center in Fort Rucker, Alabama, were on the way to Oahu on Thursday. The CRSC normally assists with incidents that may have an Armywide impact, said Lt. Col. Curtis Kellogg, spokesman for the 25th Infantry Division.

Two of the missing Soldiers were pilots and three were aircrew personnel, said Kellogg. All were with the 25th ID's 25th Combat Aviation Brigade.

Kellogg declined to release the names of the Soldiers, but said that the Army had contacted all of their family members and were keeping them informed of the situ-

"On behalf of our commander of the 25th ID, Maj. Gen. Christopher Cavoli, and on behalf of all the Soldiers and family members of the 25th ID, I'd like to express that our thoughts and prayers are with the families of these Soldiers at this



U.S. Coast Guard photos A 45-foot Response Boat-Medium boat crew from Coast Guard Station Honolulu are shown conducting a search for five crew members aboard a downed Army UH-60 Black Hawk helicopter approximately 2 miles west of Ka'ena Point,

Wednesday.

difficult time," he said. "We and everyone you see here involved in this search ... is committed to this endeavor. As we do this work, those Soldiers and their families are on the forefront of our minds."

The Soldiers were participating in a routine nighttime flying mission with a second UH-60 Black Hawk helicopter between Kaena Point and Dillingham Airfield, Kellogg said.

"One of our key competencies is to train at night, and that's what this aircrew was doing," he explained. "Flying at night and remaining competent in that skill set is something we need to do to accomplish our wartime mission."

The second Black Hawk lost visual and radio contact with the first helicopter around 9:30 p.m., Tuesday, then did a fly-



A UH-60 Black Hawk helicopter aircrew from Wheeler Army Airfield and a fireboat crew from the Honolulu Fire Department are shown conducting a search for five crew members aboard a downed Army UH-60 Black Hawk helicopter approximately 2 miles west of Ka'ena Point, Wednesday.

over to try to re-establish contact, Kellogg

Personnel at Wheeler Army Airfield notified the Coast Guard Joint Rescue Command Center in Honolulu at 10:08 p.m., Tuesday, according to the Coast Guard. The Army, Coast Guard and U.S. Marines initiated a search and were joined by HFD, Ocean Safety and the Hawaii State Department of Land and Natural Resources.

"This is still an active search and rescue mission," Kellogg said. "We are here to bring our Soldiers home."

Officials urged the public not to handle any debris spotted in the water or washed ashore on local beaches. Instead, anyone who comes across debris they believe to be from the UH-60 Black Hawk should report it to the 25th CAB at 808-656-1080.

'Mustangs' challenge platoon leaders, sergeants

STAFF SGT. ARMANDO LIMON 3rd Brigade Combat Team Public Affairs 25th Infantry Division

SCHOFIELD BARRACKS — Soldiers heaved heavy boards strapped with their belts at an obstacle lane at the Leadership Reaction Course, here.

Only one Soldier was able to see the hurdle while the rest of the team stood behind, listening carefully to the instruction given to bridge the obstacle.

Platoon leaders, platoon sergeants and future platoon sergeants from 325th Brigade Support Battalion, "Mustangs," 3rd Brigade Combat Team, 25th Infantry Division, participated in the Luzon Challenge, Aug. 14-16, to improve on team building, communication and leadership skills.

'The Leadership Reaction Course is the second station of our Luzon Challenge going on this week," said Capt. Tyler Thornton, plans officer, Headquarters and Headquarters Company, 325th BSB. "What the Luzon Challenge is, it's a kind of a mix of a Mungadai Challenge that the brigade put on last year, challenging all of the company commanders, and also our Mustang leadership development program, which usually targets the young officers and NCOs (noncommissioned officers). This is a hybrid of the two.

"This morning they started off with a ruck march down to the PT (physical



Second Lt. Michael Aliff, transportation platoon leader, Co. A, 325th BSB, 3rd BCT, 25th ID, lifts a board to be placed on a beam at the Leadership Reaction Course on Schofield Barracks, Monday.

training) test," Thornton said. "They took a PT test in gear, and then rucked down here to the Leadership Reaction Course."

Afterwards, the Soldiers conducted marksmanship training at the range, ruck marched to and from location, finishing with an air movement into East Range. Once at East Range, the Soldiers would conduct medical evacuations and sling loads, Thornton said.

Sgt. 1st Class Daniel Candelario, operations NCO for HHC, 325th BSB, stated the Luzon Challenge is one the division's World War II successes.

'The intent is trying to build leaders so that they can in turn transition all their knowledge down to their Soldiers," Candelario said.

Second Lt. Michael Aliff, transportation platoon leader, Co. A, 325th BSB, was one of the Soldiers in his team at the LRC working through an obstacle. Aliff was lifted into an elevated tunnel to give guidance on how to bridge an obstacle, so a box of supplies could be carried across the makeshift bridge.

"It was challenging," he said, after attempting the challenge. "It was really tough to communicate when only one person can see what's going on, but it was really fun to see how everyone else at the bottom could ask questions and get a great picture of what the obstacle does look like.

"I learned that perspective is everything, and ... you can't clearly communicate what you see to someone who can't see it," he said. "There's an accomplishable mission, an obstacle that you can't get past, so you have to do your best work through it."

Sgt. Reginald Wilson, fire control repairer, Co. B, 325th BSB, said he enjoyed the team-oriented aspect of the exercise.

"Mostly, it takes teamwork to do most of the stuff," Wilson said. "Team cohesion and having a good relationship and bond with your teammates makes getting through it possible. Good team cohesion and learning things from new people that you don't normally work with adds another perspective to it."

2IBCT 'Warriors' conquer trail to Expert Infantry Badge

SGT. DAVID N. BECKSTROM

2nd Infantry Brigade Combat Team **Public Affairs** 25th Infantry Division

SCHOFIELD BARRACKS - One of the U.S. military's slogans is "We do more before 9 a.m. than most people do all day."

This holds true for the more than 500 infantrymen assigned to 2nd Infantry Brigade Combat Team, 25th Infantry Division, who vied for the coveted Expert Infantry Badge, here, from July 31-Aug. 11.

They started the week with the Army Physical Fitness Test before the first rays of the sun had crested over the horizon. Then they completed a land navigation course, demonstrating proficiency under both day and night conditions.

During the rest of the week, these Soldiers participated in several stations,

proving their proficiency in medical, weapons and military movement skills. The Soldiers who had passed each of

the stations threw their rucksacks on their

backs at 3 a.m. and pushed their bodies to the limit to cover 12 miles of ground in three hours. After completing the road march, they went straight into Objective Bull. This is a medical lane that tests the response time and fortitude of these Soldiers as they do basic battlefield care for a wounded Soldier and then move the injured to the extraction point.

"I think the most challenging part of this event (was) the weapons lanes, because we had a very short amount of time to get the weapon ready to fire," said Pfc. Joshua Chinquee, a candidate from 1st Battalion, 27th Inf. Regiment. "This time limit simulates the time constraints we may face in a real world battle. Being able to say that I am proficient with all the weapons an infantryman may use is something I am very proud of."

During this competition, there were several National Guardsmen from the 1st Bn., 151st Inf. Regt., out of Indiana, vying for the honor to wear the badge, as well,

as part of the Army's Associated Units Pilot Program, which pairs Reserve and National Guard units with active duty units.

Spc. Philip Craig, a candidate from D Company, 1-151st Inf. Regt., said, "It was an honor to work alongside the active duty Soldiers and to prove that National Guard Soldiers are just as proficient in our jobs, because we take it seriously, too. I hope that my example will motivate other National Guardsmen to go out and earn this badge, prove to yourself and the world that you are just as much of a Soldier as the active duty."

The EIB holds a lot of prestige and honor for infantrymen, because it proves they are experts in their field, said Staff Sgt. Sean D. Grangaard, an EIB grader with the 1st Bn., 21st Inf. Regt. To motivate the Soldiers and honor the history of the badge, he held a replica of the EIB above his head at the end of the ruck march.

"A former first sergeant of the unit created this awhile back to show these in-

fantrymen what they are out here for and why they are putting themselves through such a grueling event," said Grangaard.

Chinquee said, that as Soldiers continue on in their career, this badge will help them get promoted, as well as show the next generation of Soldiers that their leaders do know what they are talking about, because they have proven to the Army and the infantry that they are experts in

When it was all over, 67 Warriors were awarded the coveted EIB with this competition, producing an 11 percent completion rate; the national average is 18 percent.

During his remarks at the EIB graduation ceremony, Command Sgt. Maj. Bryant Lambert, senior enlisted adviser for U.S. Army-Pacific said that EIB is a mark of honor for those who do a hard, dirty and thankless job. He reminded the awardees to think of the badge as a reminder of the long history they are a part of.



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Honorable McCarthy named acting secretary

Acting Secretary of the Army WASHINGTON — Army family, what an honor it is to again be a part of the United States Army, the world's most powerful and

HONORABLE RYAN D. MCCARTHY

effective land fighting force, made up of the finest men and women our great nation has As a veteran and a Soldier for Life, I'm extremely humbled to assume the duties of

(Acting) Secretary of the Army. Our Army continues (as) the most trained and ready-to-fight force worldwide. The Army has made great progress in improving

its readiness across the total force. However,

op capabilities that our Soldiers will need to



McCarthy

being ready to fight today's adversaries is not enough.

Now, the Army must also focus efforts on modernizing today to be ready to fight tomorrow, against increasingly capable adversaries and near peer competitors. This will involve hard choices and investment to rapidly devel-

win decisively across all domains on complex future battlefields.

We must not forget that our most impor-

tant assets continue to be the Soldiers, Department of Army civilians and families that

make up the Total Army. Over the last 16 years, much has been asked of you, and you have delivered. You continue to fight the longest war in our nation's history while meeting additional challenges worldwide, and this demand is not

I will work tirelessly to honor your service and sacrifice, to maintain the high quality of our volunteer force, and provide you the quality of life you deserve.

Thank you for your dedication to our nation. I look forward to serving alongside you.

Secretary discusses readiness, force at TRADOC

Story and photo by TECH. SGT. KATIE GAR WARD 633rd Air Base Wing Public Affairs

JOINT BASE LANGLEY-EUSTIS, Virgin-"The Army must always be manned, trained, equipped and ready to fight," said Acting Secretary of the Army Ryan McCarthy, during a visit to U.S. Army Training and Doctrine Command, Aug. 10.

"Readiness is essential to protect our nation and secure our vital interests against determined and capable enemies," he said.

During his visit, McCarthy received a briefing on the scope and scale of TRADOC's mission, including Army growth requirements and future battle capabilities.

As an Army veteran, McCarthy said he is focused on the Army's modernization efforts to prepare today's Soldiers for tomorrow's fight.



"Our foremost responsibility is to deliver ready, trained and equipped forces that meet the operational demands put before us," he said. "The Army must have a consistent approach to modernization that promotes future readiness."

Left — U.S. Army Gen. David G. Perkins (right), commander of TRADOC, briefs Acting Secretary of the Army Ryan McCarthy (left) during a visit to Joint Base Langley-Eustis, Virginia, Aug. 10. During his brief, Perkins discussed TRADOC and the Army Capabilities Integration Center's role in building the future Army.

McCarthy saw firsthand how such modernization is already being implemented at Fort Eustis. TRADOC's Operational Environmental Training Support Center creates the virtual battlespaces of tomorrow to provide Soldiers with as realistic of a training environment as possible.

"Investments (like this) can rapidly develop our capabilities," he said. "Making the hard choices will ensure we can shape, fight and win decisively across all domains on today's complex battlefields."

63rd Brigade Support Battalion cases its colors

Story and photos by SGT. 1ST CLASS CHANELCHERIE K. DEMELLO

650th Regional Support Command Public Affairs 303rd Maneuver Enhancement Brigade 9th Mission Support Command

FORT SHAFTER FLATS — The 63rd Brigade Support Battalion cased its colors at an inactivation ceremony here, Aug. 6, bringing to a close six years of mission support to the 303rd Maneuver Enhancement Brigade, 9th

Mission Support Command. Lt. Col. Peter Gleason and Command Sgt. Maj. Alan Roberts, the 63rd BSB command team, along with Col. Samuel Membrere, commander of the 303rd MEB, partook in the furling of the battalion colors before it was cased and marched off the field.

Contingent on the Army's needs, mission and organizational force structure, a unit can be activated and inactivated an unlimited number of times.

Although the "Casing of the Colors" is not an uncommon practice, it is a time-honored Army tradition held to commemorate the unit and its history before it is inactivated.

And the 63rd BSB had plenty to memorial-

The 63rd BSB, originally known as the 63rd Quartermaster Company, was first activated in March 1943. It served under the 63rd Infantry Division until its selection into the Organized Reserve Corps in 1952.

In February 2009, the unit was renamed the Headquarters and Headquarters Company, 63rd BSB, and was ordered to activate in September 2011 in Las Vegas.

Officials at the Aug. 6 ceremony made it clear that the 63rd BSB had achieved mission



Retired U.S. Army Reserve Col. Randy Hart is presented a flower lei by Cadet Melissa Tran, a Reserve Officer Training Corps cadet from the University of Hawaii at Manoa, during the inactivation ceremony held for the 63rd Brigade Support Battalion at Fort Shafter Flats, Aug. 6.



Col. Samuel Membrere (left), commander of the 303rd Maneuver Enhancement Brigade, and ceremony reviewing officer; Command Sgt. Maj. Alan Roberts, 63rd Brigade Support Battalion; and Lt. Col. Peter Gleason, commander of the 63rd BSB, furl the 63rd BSB colors during an inactivation ceremony at Fort Shafter Flats, Aug. 6.

"Your creativity to think forward, 'Pahu Imua,' enhanced and enabled the execution of challenging missions," said Membrere. "You set the bar higher every time you executed a mission."

Since its activation in 2011, the 63rd BSB had increased its five-personnel unit to over 100 Soldiers in just its first year, which Membrere called "a sign of great leadership." The unit participated in and excelled during Warrior Exercise 13-008, Combat Support Training Exercise 14-007, Command Post Exercise Imua Dawn 2015 and 2016, and Yamasakura

(The) 63rd BSB was there to strengthen the bilateral relationship and demonstrated our support to our mutual defense with Japan," said Membrere.

In 2015, the 63rd BSB won the Department of the Army's Philip A. Connelly food service award and the Army Supply Excel-

"Not only are you competent professional Soldiers and Army civilians, but a cohesive team who always supported our higher headquarters, the 303rd and 650th Regional Support Group," said Gleason. "I thought your greatest strength was your responsiveness and your ability to anticipate what I needed as a commander."

Stepping up to a monumental task, the 63rd BSB hosted the memorialization ceremony of the George W. Dunaway, U.S. Army Reserve Center in Sloan, Nevada.

"No other unit could have done better in ensuring the legacy of our past is honored," said Membrere.

Membrere, who was also the reviewing officer over the ceremony, said that the inactivation of the 63rd BSB was ordered in support of the Army Reserve mission redesign that will have combat service support battalions sustain the brigade's mission as the BSB did, in a more battleservice approach.

"Change is one of those things in life that we resist, but is critical to any successful organization," said retired U.S. Army Reserve Col. Randy Hart, guest speaker at the ceremony. "Our Army is no exception. We must change due to strategic decisions and a dynamic world. Our Army is in constant change in an effort to meet challenges in the world and improvements needed in order to continue to lead the world with the best and most effective Army in the world."

As the first commander of the 303rd MEB, Hart said that one of the greatest pleasures of his 38 years in uniform was activating the 303rd MEB and the 63rd BSB.

While the 63rd BSB may have been deactivated, other units will have opportunities to gain the hundreds of professional and proficient Soldiers, civilians and families that were assigned to the 63rd BSB.

"Soldiers are what makes a unit, not a guidon or things in the unit," said Hart. "All the accolades are due to the accomplishments of an excellent leadership team that built a high performing unit with a focus on Soldiers and their mission."

In accordance with its permanent order, the 63rd BSB's effective inactivation date is Sept. 15, 2017.

Because Aug. 18 is Hawaii Statehood Day, we wondered, What do you enjoy the most about living in the 50th state? By 3rd Brigade Combat Team Public Affairs, 25th Infantry Division



"It has to be the beaches."



"The beach."

Floersch

Co. C,



"The calmness of everything."

Cpl. Derrick

Combat medic

Loera

Co. C,

"Beautiful 325th Bde. Spt. Bn. 325th Bde. Spt. Bn.

weather and scenery."



Staff Sgt. **James Maples** Electronic warfare Headquarters and Headquarters Co.,

Sgt. Reginald Wilson Fire control repairer Co. B, 325th Bde. Spt. Bn.

Dunham Combat medic 325th Bde. Spt. Bn.

RHC-P competes for honors to wear the GAFPB

Story and photo by EMILY YEH

Regional Health Command-Pacific Public Affairs

SCHOFIELD BARRACKS — Regional Health Command-Pacific (RHC-P) Soldiers competed in the 2017 German Armed Forces Proficiency Badge (GAFPB) event co-hosted by the 303rd Ordnance Battalion (Explosive Ordnance Disposal), here.

Soldiers from RHC-P competed alongside over 200 Soldiers from units around Oahu.

The GAFPB (German for "Abzeichen für Leistungen im Truppendienst") is a decoration of the German Armed Forces, authorized for wear by the U.S. military, and awarded to Soldiers of all ranks. The GAFPB is one of the few approved foreign awards, and it is one of the most sought after awards to achieve.

"As a Soldier who has earned a GAFPB badge, it was natural for me to step up and assist with the coordination of this year's event," stated Master Sgt. Javier Najera, noncommissioned officer in charge, RHC-P. "Master Sgt. Elisa Todd was also a driving force during the planning and execution of this event. She stepped up and worked side by side with me to ensure all participants experienced a streamlined process so that they could perform to their highest ability."

RHC-P participants included Army Medicine Soldiers from the U.S. Army Recruiting Command, Tripler Army Medical Center (TAMC), U.S. Army Health Clinic-Schofield Barracks (USAHC-SB), Dental Health Command-Pacific (DHC-P), Public Health Command-Pacific (PHC-P), and 18th Medical Command-Deployment Support (18th MEDCOM).

Competitors faced four events over the course of bree days

During day one of the competition, the first task Soldiers were challenged with was a 100-meter swim while



Soldiers competing in the 2017 GAFPB dive into Richardson Pool at Schofield Barracks during the first event of the competition.

wearing the Army Combat Uniform, or ACU. Swimmers had a time constraint of four minutes and upon completion of the swim had to tread water and remove their ACUs.

Day one continued in the afternoon with the basic fitness test consisting of an 11-by-10-meter sprint, a chin-up test and a 1,000-meter run.

A pistol qualification test awaited competitors on the second day. Individuals fired an M9 in a prone position (two shots), kneeling position (two shots) and standing position (two shots).

The last day of competition was for ruck marches. Each Soldier rucked while carrying a 33-pound rucksack.

In the end, 13 RHC-P Soldiers earned a silver badge, while eight RHC-P Soldiers earned a bronze badge. Each competitor's achievement was recognized at an award ceremony held on Hamilton Field, here, Aug. 10. Leaders from around the island came out to honor those who competed in this year's event.

"The Soldiers who competed for the GAFPB this week are an example of the strength of force in our ranks," said Sgt. Maj. Richard Watson, senior enlisted adviser, RHC-P. "I am proud of this team of RHC-P Soldiers, as they carry on the tradition of Army excellence and represent the Army's No. 1 priority: readiness."

USARPAC hosts ATF certification for military working dogs

Story and photo by
SGT. 1ST CLASS JOHN D. BROWN
8th Military Police Brigade Public Affairs
8th Theater Sustainment Command

SCHOFIELD BARRACKS — Working dogs play a critical role in the safety and security of Soldiers and civilians. The training these canines receive varies from organization to organization, but the certification process remains the same.

"U.S. Army-Pacific hosted members of the Bureau of Alcohol, Tobacco, Firearms and Explosives to provide training and certification for both military and civilian working dogs," said Master Sgt. Viridiana Lavalle, the USARPAC Military Working Dog (MWD) program manager.

According to Lavalle, 25 dog teams from various gov-



ernment organizations – including U.S. Army Japan, U.S. Army Alaska, the 8th Military Police Brigade, the Transportation Security Administration, ATF, the Honolulu Police Department, the New Zealand Army and the Aus-

Left — Pfc. Daniel Rule and "Kondor," a Military Working Dog (MWD) Team with the 901st Military Police Detachment, U.S. Army Japan, work through a series of tests designed to test the MWD's ability to identify homemade explosive odors during National Odor Recognition Testing at Schofield Barracks, Aug. 3.

tralian Army - participated in the training.

"It was amazing being able to exchange knowledge and explore different training methods," said Staff Sgt. Jeremy Coleman, a dog handler with 520th MWD Detachment, 728th Military Police Battalion, 8th MP Brigade, 8th Theater Sustainment Command.

(To read the rest of the story, visit www.hawaiiarmy weekly.com/2017/08/15/usarpac-hosts-atf-certification-for-working-dogs/.)

Enlisted Aide Program offers career-broadening experience for NCOs

DAVID VERGUN

Army News Service
WASHINGTON — The Army is actively looking for a diverse array of Soldiers, from across a variety of military occupational specialties, to apply for career-broadening positions within the Army's Enlisted Aide Program, or

The deadline to submit application packets for the

competitive program is Sept. 29.

The program is open to all active duty enlisted Soldiers from sergeant (promotable) through master sergeant, irrespective of military occupational specialty.

The process for putting the packets together is a bit lengthy, so interested Soldiers should start right away, said Lt. Col. Drew Maddry, who serves as the chief of the Quartermaster Branch within the Army's Human Resources Command.

More details about the openings and how to apply can be found within Military Personnel Message 17-253, "FY 18 Enlisted Aide Selection Panel Announcement."

Taking care of leadership

An EA serves on the personal staff of a general officer and undertakes a wide variety of day-to-day tasks that free the officer to concentrate on his or her primary military and official duties, said Sgt. 1st Class Maria Fuentes.

Duties of an EA include household management and security, preparing uniforms, orchestrating official social functions and preparing daily meals, said Fuentes, who serves now as the EA Special Programs Professional Development Noncommissioned Officer at HRC. She has also previously served as an EA.

"It was rewarding for me personally because you get to see smiles on people's faces when you are serving them food, ensuring things are in order and taking care of them," said Fuentes of her own experience in the program.

Besides serving food, EAs learn how to manage a budget and plan a host of day-to-day events, she said. Those are skills that are valuable in any job as well as in one's own personal life, she added.

Fuentes said she has prepared meals for and interacted with the chief of staff of the Army, the sergeant major of the Army, senators and other dignitaries.

"Those were exciting moments," she said.
Successful EAs are self-starters, motivated, eager to learn and adaptable. Those same traits are also what

New experiences and opportunities

make successful Soldiers, she said.

Candidates train for EA and culinary skills at Fort Lee, Virginia, she said. For someone not in the 92G culinary MOS, the EA career field often proves to be a totally new and interesting experience, she said, adding that she encourages Soldiers from outside the culinary arts MOS to consider applying to be an EA. She noted that six have recently done so, and are proving successful in their efforts.

Those who complete their EA tour will return to



Photo by U.S. Army

Enlisted aides Army Master Sgt. Dwight Copeland (right) and Chief Petty Officer David Yaung prepare salads for a meal to be hosted by Gen. Curtis "Mike" Scaparrotti, commander, EUCOM/SACEUR, at SHAPE, Belgium, in a previous year.

their original branch, said Maddry. That is designed to ensure their leadership and MOS proficiency skill sets are maintained, an additional benefit to the Army of the broadening experience.

Maddry also said that promotion boards look favorably on broadening experiences like those that the EAP provides.

USARPAC SHARP summit 'rises to the challenge'

STAFF SGT. JUSTIN SILVERS AND

RUSSELL DODSON U.S. Army Pacific-Public Affairs

HONOLULU — U.S. Army-Pacific held a weeklong Sexual Harassment/Assault Response and Prevention, or SHARP, training summit at the Ford Island Conference Center, Aug. 7-11.

The training summit theme, "Rising to the Challenge," brought more than 90 personnel from across the Pacific region together to educate, train and strengthen partnerships in USARPAC; the Department of Defense; Headquarters, Department of the Army SHARP; and fellow ser-

Nancy Rice, the organizer for the event and USARPAC SHARP program manager, said the summit's theme was two-fold.

"The theme 'Rising to the Challenge' is an 'inspirational call to action' to our USARPAC SHARP personnel to motivate them as they continue to meet the ever changing and challenging demands of our program," said Rice. "It also summarizes the USARPAC SHARP mission and the selfless dedication our SHARP personnel continue to display each and every

The importance of the summit was underscored by the multitude of generals who spoke during the summit, with Brig. Gen. Ronald Clark, USARPAC chief of staff, providing the opening remarks.

"You are going to have two opportunities this week to gain expert knowledge," said Clark. "Educate. We need you to be active, agile and adaptive as you receive information from your SHARP professionals. We are also going to do some training and look at issues we know we



Nancy Rice (front, center), USARPAC SHARP program manager and director of the Rising to the Challenge Summit, welcomes SHARP Soldiers to the summit, Aug. 7, at the Ford Island Conference Center. The weeklong summit provided education and training and allowed SHARP professionals to share ideas and best practices with each

have and ways to solve them."

Clark also highlighted the Army's No. 1 focus during his statement.

"What you do as SHARP personnel, especially as sexual assault response coordinators (SARC) and victim advocates, is really about readiness," said Clark. "Readiness is our No. 1 priority."

During the training, Soldiers participated in focus groups, received specialized training and shared lessons learned.

Sgt. 1st Class Tiffany Smith, lead SARC with U.S. Army Japan (Honshu), believed

the conference was valuable, noting its face-to-face interaction helped Soldiers

"It's been great to be with a lot of different SHARP professionals to bounce ideas off each other," said Smith. "We got together in small groups and talked about what do we do on a day-to-day basis and shared ideas among each other."

While Smith enjoyed the face-to-face interaction, she was not alone. Staff Sgt. Marc Skilinski, SHARP noncommissioned officer in charge with 8th Army, based out of Korea, also believed the peer interaction was useful.

"The summit is beneficial because it brings the whole Pacific region together. We're such a vast unit; it's easier to meet

in person," said Skilinski. Skilinski said you can make phone calls and send emails, but having a week to interact with peers in person was easier to share information.

For Skilinski, one of the most useful parts of the summit was training in Strategic Management Systems, a performance management tool available to Army organizations.

"In Korea, none of us really knew about SMS, but now we know how easy of a tool it is," said Skilinski. "Our office can go right into the system and pull up the SHARP reports. We don't have to contact the units, so they can concentrate on the victims, and we can take care of the paperwork."

At the close of the summit, Sgt. Maj. Caprecia Miller, SHARP coordinator from Headquarters, Department of the Army, thanked the USARPAC team for the work they had put into organizing the event.

'We want to thank USARPAC for inviting us to this training summit event," said Miller. "I've been to a lot of speaking engagements, summits and training events. This, by far, has been the best summit."

Miller also thanked SHARP personnel for all their hard work and dedication to

"We want to thank you so much from the bottom of our heart from HQDA for all that you do on a daily basis to support the SHARP program, support the victims, support your commanders and take our program forward."



18 / Friday

State Holiday — City and County of Honolulu offices will be closed today in observance of Statehood Day, a state holiday. Emergency medical, fire, lifeguard, medical examiner and police services will be available.

TheBus will operate on a state holiday schedule. For route and schedule information, visit www. thebus.org. Refuse will be collected and transfer sta-

tions, convenience centers, H-POWER, and the Waimanalo Gulch Sanitary Landfill will be open.

Parks, municipal golf courses, botanical gardens and the Honolulu Zoo will be open. The Neal Blaisdell Center box office will open for the Made in Hawaii Festival. People's Open Markets won't be held.

All Satellite City Halls and Driver Licensing Centers will be closed. The following traffic and parking regulations are in effect:

On-street parking will be free, except for the meters on Kalakaua Avenue along Kapi'olani Park and metered parking lots. Traffic lanes will not be coned.

> 25 / Friday Women's Equality Day



Photo by Kristen Wong, Oahu Publications

WHEELER ARMY AIRFIELD — New welcoming signs greet motorists and pedestrians at the entrance, here, at Kunia and Kawamura gates. The signs show helicopters used by the 25th Combat Aviation Brigade, 25th Infantry Division, and that WAAF is a national historic landmark.

- The 500th Military Intelligence Brigade will host this year's observance on Aug. 25 at 10-11:15 a.m. at Sgt. Smith Theater,

Schofield Barracks. The keynote address will be followed by a Q&A discussion panel luncheon at K-Quad dining facility on

Schofield from 11:45 a.m.-

Call Master Sgt. Helena N. Taylor at 787-6819 for more details.

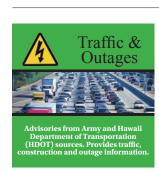
September

2 / Saturday

Battleship Missouri **Memorial** — The public is invited to attend a special ceremony commemorating 72 years of peace between the U.S. and Japan and the end of World War II aboard the famed ship's fantail on Sept. 2.

The commemoration honors the sacrifices of the Greatest Generation. Keynote speaker is Lt. Gen. David H. Berger, commander of U.S. Marine Corps Forces, Pacific.

The event begins at 9:02 a.m., guests should be seated by 8:45 a.m., and complimentary roundtrip shuttle service offered from Pearl Harbor Visitor Center beginning at 8 a.m.



18 / Friday

Construction Construction work between Aloha Stadium and the H-1 Interchange for the Honolulu Rail Transit Project began Tuesday and is expected to create additional traffic

congestion and night-time construction noise in the Pearl Harbor area.

Base Pearl Harbor-Hickam using Halawa, Borchers Makalapa Gates should plan accordingly as lane closures directions Kamehameha Highway could delay traffic trying to turn into those gates.

If you have questions or comments, call the Honolulu Authority for Transportation (HART) 24-hour project hotline at 566-2299 or visit the website at www.

HonoluluTransit.org.

For JBPHH updates and information, visit JBPHH Commuters to Joint Facebook, www.facebook. com/JBPHH and @JointBasePHH.

> Bike Path — In 'Aiea, the Pearl Harbor Bike Path will be closed for maintenance through Thursday, Aug. 31, between Lehua Avenue and Hekaha Street. In addition, nearby Neal Blaisdell Park will closed during the same time period for landscaping, painting and repairs to park amenities.

Signs are now posted on

the path and park advising the public of the closures. Bicyclists will be detoured onto Kamehameha Highway for the closed section of the bike path.

The closures come after Mayor Kirk Caldwell signed a grant of easement agreement between the City and County of Honolulu and the U.S. Navy on July 20 that allows the Department of Transportation Services to manage a large section of the Pearl Harbor Bike Path.

In addition to maintenance work, enforcement of the city's Stored Property Ordinance will be performed by the Department of Facility Maintenance during the closures.

When the bike path and park are reopened on Friday, Sept. 1, the city will continue to monitor the area for Stored Property Ordinance violations and continue to enforce park closure hours from 10 p.m.-5 a.m.

September

5 / Tuesday

Lauhala Road This Wheeler road will have lane closures on

Lauhala Road north of Sergeant Street for utility installation. The road will be restricted to one lane

access from Sept. 5-19.

Phase I will occupy the east side of the Lauhala from Sept. 5-12. Phase II will occupy the west side of the road from Sept. 13-

During both phases, traffic on the north end of Sergeant Street needing to exit onto Lauhala must access Lauhala from the south end of Sergeant Street. Work will be performed between 7 a.m.-3:30 p.m.

SOLDIERS HAWAII ARMY WEEKLY AUGUST 18, 2017 | A-7

REVISITING THE GIFU IN GUADALCANAL HONIARA, Guadalcanal — An example of a defensive position, near the top of the hill known as the "Gifu," is pictured, here, Aug. 6.





This monument atop the Gifu remembers the nearly 500 Imperial Japanese Army soldiers known as Oka Force on Guadalcanal in the Solomon Islands.



HONIARA, Guadalcanal — Pfc. Hazen D. Ham (left) and Sgt. 1st Class Benjamin Garcia hold the regimental standard for 2nd Battalion, 35th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division, atop a hill known as the "Gifu," in the Solomon Islands, here, Aug. 6. (Both Soldiers are representing U.S. Army-Pacific in the U.S. Army Soldier and NCO of the Year.)

Imperial Japanese Army soldiers, commanded by Col. Akinosuka Oka, named the Gifu after a prefecture in Japan. It was the Soldiers of 2-35th Inf. who were tasked to reduce the nearly 500 strong Japanese position. It had been backed by 40 bunkers and more than 40 heavy weapons in January 1943.





Bayonets, hand grenades, ammunition and other detritus of war are on display by a Solomon Islander found on the hill known as the Gifu, here, Aug. 6.



Retired Sen. Daniel Akaka, left, unties the maile rope to signify the start of the 2017 ALA Hawaii Show, Tuesday, at Pacific Beach Hotel.

Commissaries, Exchanges promote Hawaii business

Story and photos by KAREN A. IWAMOTO Staff Writer

WAIKIKI — The American Logistics Association (ALA) Hawaii Show celebrated its 20th anniversary at the Pacific Beach Hotel this year with a surprise announcement, Tuesday.

Starting next year, it will officially be renamed the Daniel K. Akaka ALA Hawaii Show.

Retired U.S. Sen. Daniel Akaka was instrumental in getting the show off the ground in 1997 and fostering a growing relationship between the Defense Commissary Agency, Army & Air Force Exchange Service, Navy Exchange and Hawaii businesses. He continued to show his support at this year's show and said he was honored to have it renamed for

"I'm honored to be attached to this program, which has become important to military not just in Hawaii but on the mainland and around the world," Akaka said. "Since I was a U.S. senator on the Armed Services Committee, I always felt strongly that the military families needed to be recognized and supported. I felt that a program like this would give support to those families while also supporting Hawaii's businesses and food industry."

U.S. Sen. Mazie Hirono, who made the announcement before the crowd of government representatives, military officials and business owners, described the name change as a fitting way to recognize Akaka for his dedication to military families.

"Way back in 1997, Sen. Akaka recog-

nized the potential in connecting Hawaii businesses with the ecommissary network, and he worked with commissary, exchange and ALA leadership to create this event to place Hawaii products in military commissaries - not just in our country but throughout the world," she said. "And through his efforts, thousands of products have been marketed at the Hawaii show. Many of them are sold throughout the commissary network worldwide."

Beyond food vendors

Sharon Zambo-Fan, chairwoman of the ALA Hawaii Show, said the show could not have grown to what it is today without Akaka.

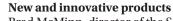
"I'd like to see the show continue to grow," she added. "I'd like to see it expand into nonfood items, like key chains, furniture, other locally made goods."

Melanie Hatchie, operations manager of Oils of Aloha, was one of the few vendors showcasing nonedible products. She said her company's line of soaps, lip balms and body lotions are already stocked in local exchanges, but she's hoping to get them onto commissary

Products that start out in Hawaii's commissaries and exchanges can expand to commissaries and exchanges on the continental United States and the main-

The Defense Commissary Agency grosses \$5 billion in annual sales with

Hawaii's commissaries on Schofield Barracks, Pearl Harbor, Hickam and Marine Corps Base Hawaii in Kaneohe Bay - accounting for \$225 million.



Brad McMinn, director of the Schofield Barracks Commissary, said he's looking for new and innovative products that will stand out in his store.

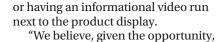
"I'm not looking for what I already have," he said.

Mike Choy, co-owner of Ilio Products, said he believed he had just such a product. He was at the show to promote Go Go Pet's Stressless Venison Premium Treats, a line of dog treats made from locally sourced Axis deer meet. Ilio Products is the distributor of the treats.

Axis deer live predator-free on Maui, Molokai and Lanai, and their population needs to be culled to prevent ecological disaster. Instead of letting that meat go to waste, Choy has found a way to market it.

He said his product is made of human-grade ingredients, but he's selling it as pet treats because there isn't enough venison to meet people's rate of consumption.

"Our goal is to get our message out about how different and special (this product) is," he said. "We've already thought about maybe having demos at (military exchanges and commissaries)



Left - Dog treats made from venison from Maui, Molokai and Lanai are among the innovative products displayed at the 2017 ALA Show.

> the military community will support us and this product," he continued. "They're part of the community and they care about Hawaii and environmental issues. A part of our proceeds goes to organizations that support our coastlines."

Chocolate chip cookies made with arare,

or rice cracker bits, garnered positive feedback from guests at the 2017 ALA

Start small

Hawaii Show.

Thomas Kerwin of Aloha Gourmet brought a handful of items - cookies, shredded coconut and chocolate-dipped dried mango - to show to potential buyers. He said his company already has some products in Hawaii's commissaries, but he's hoping to expand that.

"We come to this show every year to showcase our items and meet with the buyers," he said. "We may not get all of the products we show onto shelves, but

even if it's just one or two, that's enough." It's a strategy that's worked for Mike Irish, owner of Diamond Head Seafood. Diamond Head Seafood holds contracts to run the seafood counters in local commissaries, and its sauces and condiments have made it to commissaries on the continental United States. But 20 years

See ALA B-4







Jan Watanabe, sales manager at Love's Bakery, stands next to a display of Punaluu Bake Shop sweet bread loaves and rolls, Tuesday, at the ALA Hawaii Show at Pacific Beach Hotel, Love's is the official distributor of Punaluu Bake Shop breads.



ALA Hawaii Show

This food and product show connects local businesses and distributors with buyers from Hawaii's commissaries and exchanges. Products chosen at the show by the buyers can land on Hawaii's commissary and exchange shelves in as little as 45 days.

Last year, 350 new items were selected for sale in Hawaii's commissaries and 200 new items were selected for sale in Hawaii's exchanges. These include products from 42 new companies that had not previously been in the commissary and exchange systems.

Over the course of its 20-year history, 2,802 products have been selected for sale in Hawaii's commissaries and exchanges.



Briefs

18 / Friday

Statehood Day — All Hawaii public schools are closed. Call 655-8326.

Smoke House Day — Two kinds of ribs, barbecue chicken, smoked pork sliders and beef brisket plus cornbread, baked beans and plenty of coleslaw offered at FS Hale Ikena. Call 438-1974.

Acing the Interview — Prepare to answer the tough interview questions and practice with a mock interview at SB ACS from 10-11 a.m. Call 655-4227.

It takes Two (For Couples) — Enhance your relationship by learning skills to improve communication at SB ACS from 11:30 a.m.-1 p.m. Learn about expectations, problem solving techniques, forgiveness and the importance of fun and friendship. Call 655-4227.

19 / Saturday

New Parents/Daddy Boot Camp — Class for first-time/expecting parents at SB ACS from 9 a.m.-12:30 p.m. Parents can ask questions and learn practical skills for taking care of the new baby. Call

Junior Bowling Club — Sign-ups, Aug. 19-20, for youth bowlers 5-19. Call

Club will bowl for 30 weeks starting Sept. 9 from 9 a.m.-1 p.m. Weekly cost for children 5-11 is \$6; for teens 12-19, \$8. Price includes weekly lineage, trophies and a pool party at the end of the season.

Swimming Lessons — Registration held at SB Richardson Pool, Aug. 19-20, from 9 a.m.-5 p.m. Classes run weekdays, Aug. 21-Sept. 11 (no classes on Tuesday). Class times range from 3-5 p.m. for \$60 for 30-minute lessons for Parent & Tot, Level 1, Level 2; \$70 for 45-minute lesson for Level 3, Level 4.

Children must be registered with Child & Youth Services. Call 655-9698.

Family Nite — Create your own bowling pin character at SB Arts & Crafts Center from 4:30-6:30 p.m. Participants may make any character. The instructorled course will be the minion character from "Despicable Me." Cost is \$10 per pin. Preregistration required. Call 655-

BOSS Event — Shark Cove from 8 a.m.-2 p.m. for BOSS members. Call 352-



Photo by Jim "Goose" Guzior, Tripler Army Medical Center Public Affairs WAIKIKI — Paddlers again will navigate the Waikiki shoreline waters at the annual Na Koa Wounded Warrior Canoe Regatta, dedicated for recovering wounded warriors and their families, Saturday, Aug. 19, from 8 a.m.-4 p.m. Spectators are invited to the beach area behind Hale Koa Hotel and U.S. Army Museum of Hawaii. The competition is part of Duke's Oceanfest. Visit dukesoceanfest.com.

Hot Summer Casino Night — For single Soldiers at SB Tropics Recreation Center from 7-11 p.m. Activities include poker, black jack, roulette, bingo, chess, Ace of Spades and board games. Event is free; food and beverages available for purchase. Call 655-5698.

20 / Sunday

BOSS Event — Army Museum and Beach Day from noon-4 p.m. Call 352-223-6370.

21 / Monday

Employment Orientation — New to the island and looking for employment? This class at the SB ACS from 10-11:30 a.m. will orientate you to employment opportunities on Oahu. Learn about Spousal Preference and the Priority Placement Program for Spouses (PPP-S) seeking federal employment.

Also offered is information on civilian sector opportunities, contractors, resume writing classes, career fairs and opportunities to further your career and education. Call 655-4227 to register.

Million Dollar Soldier Refresher – This training provides Soldiers with valuable financial tools at SB ACS from 8:30-11:30 a.m. and 1-4 p.m. Topics include saving, credit, investing and big

purchases. Call 655-4227 to register.

22 / Tuesday

Anger & Conflict Solutions — Prevention program is designed for individuals to learn the basics of anger awareness from noon-1 p.m. at SB ACS. The class will help participants identify their own personal anger cues and ways to de-escalate conflict situations.

Toon Time Matinee — Join SB ACS from 10 a.m.-noon for a free movie, fun and social interaction. Event is for caregivers and their children 0-3. Call 655-4227.

10 Steps to a Federal Job — SB ACS, from 1-4 p.m., hosts this walk-through of the steps to create an effective targeted federal resume and successfully manage the application process. To sign up, call 655-4227.

23 / Wednesday

Soul Food Day — Enjoy barbecue ribs, fried chicken and catfish, plus other soulful favorites at FS Hale Ikena from 11 a.m.-1 p.m. Call 438-1974.

24 / Thursday

Informal FRG Funds Custodian Training — Held at Nehelani Conference & Banquet Center from 10:30 a.m.-12:30 p.m. for FRG leaders, funds custodians and command representatives to gain a clear understanding of the various funds available and the types of purchases that can be made with each fund. It also clearly defines the roles and responsibilities of the funds custodian and alternate. Call 655-4227.

Youth Mental Health First Aid — Two-day class runs from 9 a.m.-1 p.m. at AMR/Red Hill Community Center, 1545 Tampa Dr. Introduces participants to the unique risk factors and warning signs of mental health problems in adolescents. Workshop also teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. Call 655-4227.

Family Support Night — Join other surviving families from 5-8 p.m. at the SB SOS Center. Dinner will be served. Activities are available for all ages. Families are welcome to bring and share their favorite dish. Call 655-4227.

25 / Friday

BOSS Volunteer Opportunity — Take part in the Amazing Hawaii Comic Convention, Aug. 25-27. Volunteers can register at amazingcomiccon.com. Call

352-223-6370.

Paint and Sip — Paint a picture on canvas at SB Tropics from 7-9 p.m. while sipping your beverage of choice for \$35. Class includes all painting supplies and instruction. Preregistration is required. Call 655-5698.

SB Hawaiian Lunch Buffet — Monthly special held at SB Kolekole Bar & Grill from 11-1 p.m. for \$14.95 per person. Call

FS Hawaiian Lunch Buffet — Visit FS Hale Ikena from 11 a.m.-2 p.m. Call 438-1974.

Leilehua Concert Series — Enjoy live music from 6-8 p.m. at The Grill at Leilehua Golf Course. Call 655-4653.

Right Arm Night — Enjoy a night of camaraderie at two locations: SB Nehelani or FS Hale Ikena at 5 p.m. Food and beverages are available for purchase. Call 655-4466.

26 / Saturday

Family and MWR Ultimate Chal**lenge** — Clue-based competition starts at SB Tropics Recreation Center at 9 a.m.; cost is \$25 for participants 10 and up. Enter as a team (of two) or individually with prizes awarded. Event T-shirt included. Register online or call 656-0113.

Soldier Rap Battle — Rap Battle features a 45 second open category at SB Tropics Recreation Center from 7-9 p.m. Preregistration is required by Aug. 25; see the front desk for registration information. Must provide music. Food and beverages available for purchase. Call 655-5698.

28 / Monday

Family and MWR Hiring Fair — AMR Community Center (114 Kauhini Road) hosts from 9 a.m.-3 p.m. for all positions. Tentative job offers on site. For list of current vacancies and documents needed, visit www.himwr.com.

Million Dollar Soldier Refresher This training provides Soldiers with valuable financial tools at SB ACS from 8:30-11:30 a.m. and 1-4 p.m. Topics include saving, credit, investing and big purchases. Call 655-4227.

PPP-S Federal Applications for Military Spouses — Priority Placement Program S for Military Spouses seeking civil service DOD careers. Learn all you need to know about PPP-S. Learn the do's and the don'ts for applying and includes step-by-step instructions on preparing your package at SB ACS from 10-11 a.m. Call 655-4227.

Stress Solutions — Held from noon-1 p.m.; learn the causes of stress and how it affects our lives. Practice techniques such as positive self-talk and how to not take

See MWR BRIEFS B-6

This Week at the

Girls Trip

(R)

Friday, Aug. 18, 7 p.m.

Dunkirk

(PG-13)

Saturday, Aug. 19, 4 p.m.

Spider Man:

Homecoming

(PG-13)

Saturday, Aug. 19, 7 p.m.

FREEDOM

FAMILY

THE PLANET

community Calendar

Send announcements a week prior to publication to community@hawaiiarmyweekly.com.

18 / Friday

Lost Bicycle — Have you lost a bicycle? Go to the Provost Marshal Office, Bldg. 3010, Lyman Road, SB. Provide a good description of the bike – like make, model, color, any identifying marks - or give a receipt showing the serial number of the bike. Plenty of bikes have been found. Call Lenwood Redd, the evidence/found property custodian, at 655-9497.

Made in Hawai'i Festival Weekend showcase, Friday through Sunday, includes nearly 400 exhibitors of food products, books, gifts, apparel and jewelry, arts and crafts, produce and live music at Blaisdell Exhibition Center, 777 Ward Ave., Honolulu.

Visit madeinhawaiifestival. com.

Sunset Bazaar — Every Friday, 4-9 p.m., Kakaako Park, Honolulu, and enjoy end-ofweek pau hana with live music, food, shopping and beverages.

More info at streetgrindz.com.

19 / Saturday

SB Kolekole Walking-Hiking Trail — The trail is closed for hiking



Family Fishing — Hoʻomaluhia Botanical Garden in Kaneohe hosts this free catch and release family event, 10 a.m.-2 p.m., Saturdays and Sundays. Bring walking shoes, insect repellent, rain gear and fishing bait (fresh white bread).

A limited number of bamboo poles are available to borrow on a firstcome, first-served basis. There is a 20-minute hike to the fishing area. For details/ reservations, call 233-7323.

Ice Cream Party — Sundaes on Saturday, 4:30-6 p.m., McCoy Pavilion at Ala Moana Beach Park, offers all-you-can-eat sundaes for \$15 and \$6 for keiki under 12. Benefits the Sounds of Aloha Chorus. Visit SoundsOf Aloha.org.

20 / Sunday

Hawaiian Slack Key Guitar Festival — Festival will feature up to 16 performing artists in the slack key guitar genre, including award-winning artists and newcomers, noon-6 p.m.,

at Kapiolani Bandstand & Park. Visit slackkeyfestival.com.

26 / Saturday

Keiki Tradewind Triathlon Marine Corps Base Hawaii opens the installation for 7-10 year old and 11-14 year old swim-bike-run events, beginning at 6:30 a.m., at Hangar 101. Visit MCCSHawaii.com/ TradewindTri.

Online registration closes Aug. 22.

Greek Festival — Greek specialties like spanakopita (Spinach Pie), gyro sandwiches, moussaka, Greek chicken, souvlaki (shish-ka-bob), loukaniko (Greek sausage), a variety of Greek salads, as well as imported Greek beer, spirits and Greed wines, noon-9 p.m., at McCoy Pavilion, 1201 Ala Moana.

Learn to dance Greek and then join the fun with live music on the main courtyard stage. Visit greekfestivalhawaii.com.

24 / Thursday

FS Thrift Shop — Clothes, kitchenware and more offered Tuesdays and Thursdays, 9 a.m.-1 p.m. at Bldg. 342, Pierce Street, on FS. Visit www.huispirit.com.

27 / Sunday

Tradewind Triathlon Kaneohe Bay — Marine Corps Base Hawaii opens the installation for a 500-meter swim, an 11-mile bike and a 5-kilometer run, beginning at 6:30 a.m. at Hangar 101. Open to military and civilians. Visit MCCSHa

waii.com/TradewindTri. Online registration closes Aug. 22.

September

1 / Friday Oahu Holistic Expo — Read-

ers, healers and exhibitors gather Friday and Saturday at the Neal Blaisdell Exhibition Center; tickets are \$10.

2 / Saturday Battleship Missouri -

Memorial commemoration of the ending of World War II is open to the public and begins at 9 a.m. with guests seated by 8:45 a.m. on the ship's fantail. Complimentary round-trip shuttle service for the ceremony will be offered from the Pearl Harbor Visitor Center beginning at 8 a.m.

The Battleship Missouri Memorial is open daily from 8 a.m. to 4 p.m. General admission, which includes choice of an optional tour, is \$27 per adult and \$13 per child (4-12). Military, kama'aina (local resident) and school group pricing is available. Call 1-877-644-4896 or visit

USSMissouri.org.

SKIES: Schools of Knowledge, Inspiration, Exploration and Skills

USARPAC: U.S. Army-Pacific

WAAF: Wheeler Army Airfield

War for the Planet of the Apes (PG-13)

Sunday, Aug. 20, 4 p.m.

Closed Monday through Thursday.

Calendar abbreviations 8th TSC: 8th Theater Sustainment

Command 25th ID: 25th Infantry Division ACS: Army Community Service AFAP: Army Family Action Plan AFTB: Army Family Team Building AMR: Aliamanu Military ReservaASYMCA: Armed Services YMCA BCT: Brigade Combat Team CDC: Child Development Center CYSS: Child, Youth and School Services

EFMP: Exceptional Family Member Program FCC: Family Child Care FMWR: Family and Morale, Welfare FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation IPC: Island Palm Communities PFC: Physical Fitness Center SAC: School Age Center SB: Schofield Barracks

and Recreation

TAMC: Tripler Army Medical Center USAG-HI: U.S. Army Garrison-Hawaii

HAWAII ARMY WEEKLY AUGUST 18, 2017 | B-3

Gov. Ige issues Gastroschisis Day proclamation

Family, inspired by son, pursues official support, and recognition here

CAPT. EMILY KLINKENBORG 311th Signal Command (Theater) Public Affairs

TRIPLER ARMY MEDICAL CENTER - Meet Brandon Carrier: a blondehaired, green-eyed, cheerful baby boy who just celebrated his first birthday.

While all first birthdays are exciting, there is something exceptional about baby Brandon's.

Brandon was born at Tripler Army Medical Center, July 2, 2016, weighing only 5 pounds and 19 ounces. Parents Maira and Brandon Carrier went in to labor three weeks early, but anticipated the early delivery.

"We first found out when we went in for our 20-week checkup," said Maira. "They told us he had Gastroschisis. We had never heard of it before, and when they told us what it was, my heart sank."

Gastroschisis is a birth defect in which an infant's intestines and sometimes other organs are located outside the abdomen due to a hole in the fetal abdominal wall. Although medical professionals



Photo by Liana Kim, 311th Signal Command (Theater) Public Affairs

Sgt. 1st Class Sylvia Moreno sets up refreshments for participants after the Gastroschisis Awareness Day walk/run.



Photo by Capt. Emily Klinkenborg, 311th Signal Command (Theater) Public Affairs Brandon and Maira Carrier stand with their son, Brandon Jr., in front of Tripler Army Medical Center before Gastroschisis Awareness Day walk/run begins.

can diagnose the infant with gastroschisis before birth, the severity of each case varies and cannot be entirely identified until birth.

"Brandon Jr. had surgery at 2 days old and was in the NICU (Neonatal Intensive Care Unit) for one month. He was given 5 milliliters of breast milk at a time, but was



Photo by Liana Kim, 311th Signal Command (Theater) Public Affairs Participants make their way along the run route at Tripler Army Medical Center in support of Gastroschisis awareness.

not fully being able to digest it until two and a half weeks after being born," said Maira. "And even now, when he is about to turn 1, his diet consists of primarily milk and pureed baby food because he has difficulty digesting solids.

In March, the Carrier family sent a proclamation to the governor's office to recognize July 30 as Gastroschisis Awareness Day in Hawaii, to coincide with the nationally recognized day. The governor signed the proclamation, and the Carrier's decided to organize the walk/run to celebrate the momentous occasion.

The Carrier family invited the Oahu community to participate in the walk/run at Tripler the day before Gastroschisis Awareness Day, July 29. Participants wore lime green attire and lime green ribbons to support Gastroschisis Awareness.

The Gastroshisis Awareness Walk/ Run turned out better than we could have imagined," said Brandon Sr. "It was amazing seeing all of the love and support from everyone out there. Brandon Jr. was our inspiration. My wife and I want to thank all of the other organizers for the visibly hard work that went in to making it happen."



More Online

For more information on Gastroschisis, visit www.hopkinsmedicine. org/healthlibrary/conditions/adult/ pediatrics/gastroschisis_22,Gastros



Photo by Capt. Emily Klinkenborg, 311th Signal Command (Theater) Public Affairs Participants wear lime green attire and ribbons to support Gastroschisis Awareness Day during the walk/run held the day before the proclamation at Tripler.

Life lessons remembered from school bus days

This month, many American military children home and abroad are boarding busses for their first, excited days of

Despite the iconic yellow vehicle being the subject of happy nursery rhymes and jolly cartoons, taking school transportation is not always a stress-free

In fact, riding the bus to school each day can seem like a gauntlet, a survival test, a rite of passage. School busses are tiny microcosms of society, where kids must quickly master small group dynamics just to find a seat and, thereby, find one's place in the complex social hierarchy.

Take it from experience

As a squishy little second grader at East Pike Elementary School, I thought the bus stop on Chestnut Street seemed like a huge, unruly mob.

By the time the bus arrived at 7:23 a.m., the kids at our stop had already climbed trees, thrown chestnuts, knocked books to the ground, acquired fresh grass stains and executed several wedgie attacks. Much of the shenanigans were prompted by the older boys, which included my brother, Tray.

Boarding the bus each morning, I



found a seat that would attract the least amount of attention. Most days, I kept a low profile (literally, since I was short and could hide behind the green vinyl seat), but one particular fall, I was forced to take my turn as the subject of harass-

Tray and his buddies had been ordered by the driver to sit in the first rows due to their boisterous behavior. But rather than serving as a penalty box, the front seats acted as a podium, effectively making the gang of boys our sadistic morning dictators.

Snorting, giggling and kneeling on the seats, the boys led chants and jeers targeting riders in a twisted game of Russian roulette. One morning, the barrel of their gun was pointed at me, and the chamber was full.

Nicknames

Quite fond of nicknames, Tray had a vast repertoire of epithets for me based on my chunky frame. I was called Bubbs, Bubbs McGraw, Chunk, Chunky Dinners, Skunk, Chung King and, quite simply,

A summer trip to Hawaii to visit our grandparents inspired Tray to add a Polynesian nickname, "Lee Lae Lon," to his inventory. It was meaningless, but I hated it, which was exactly what Tray wanted. Unable to come up with an effective retaliation other than, "Shut up, you big meanie!" I had learned that incessant whining was my only recourse.

That morning, after the gang of boys tired of their normal rowdy routine, they turned their attention to me. After some conspiring, Tray's hulkish friend, Jimmy, yelled, "Gimmie an L!"

Everyone looked confused, so Jimmy elled the order again, and the crowd hesitantly responded, "L?"

Jimmy and the gang continued, "Gimme an E!" Even I repeated, "E!" and the chant gained momentum.

Jimmy added another "E," then another "L," and so on, until he screamed "What's it spell?!"

No response was forthcoming from the confused riders, but Jimmy's gang yelled the preplanned answer: "Lee Lae

"Who's a pig?!" "Lee Lae Lon!"

"Louder!"

Except for the snickering troublemakers, no one understood the chant, but it soon became a well-known part of our fall morning regimen.

Thankfully, I passed the test. I didn't cry or tattle and was not singled out again after that fateful season. Other than my middle school years, when our bus driver played the same outdated AC/DC "Dirty Deeds Done Dirt Cheap" 8-track tape in excruciating repetition, the rest of my school bus experiences were relatively torture-free.

Our children rode the bus, too. They endured rumors, scuffles, mooning, name calling and wedgie attacks - and, there was the time when Anna ran home from the bus stop crying because the middle school boys were using the Fword. But all three kids survived without major incident.

Whether school bus experiences will train our children how to throw spit balls and use the F-word, or teach them to be brave and kind, we don't know for sure until they run the gauntlet themselves. We can guide them, but all we know for certain is that the wheels on the bus go round and round.

(See more of Molinari at www.theme atandpotatoesoflife.com.)

B-4 | AUGUST 18, 2017 HAWAII ARMY WEEKLY COMMUNITY

Prayer is a powerful way to close the distance

CHAPLAIN (CAPT.) SHAWN LEE 1st Battalion, 21st Infantry Regiment 2nd Inf. Brigade Combat Team 25th Infantry Division

SCHOFIELD BARRACKS — Several years ago, a close friend of mine deployed to Iraq during the peak of combat operations. I learned that his fiancée had broken up with him in the middle of his deployment - and over email at that.

I knew he would be devastated, but this was also the same day that I knew that he would be on a potentially dangerous mission where he needed to focus on the risks surrounding him.

I played out several horrifying scenarios in my mind, and I never felt so helpless as to know he was hurting and to know that I couldn't help. I was otherwise helpless as I prayed anxious, heartbroken and fearful prayers. I could not stop praying until he was able to call me hours later.

Serving in the military with Soldiers and family members from around the world, I have prayed for families I have never met facing disease, death, earthquakes, war and other tragedies - and we often pray these prayers from thousands of miles away.

When someone you love is hurting through a crisis, being separated from them can make the pain feel even worse.

Distance can intensify pain Many of us in Hawaii did not grow



up here, and have family, friends and other loved ones back on the mainland, or even further away. Whether you flew here or grew here, it does not take much distance to feel separated from those you love.

Even with modern technology, the Internet and social media, we may still wait anxiously until we hear that our loved ones have made it through whatever trial or trouble they face. Until we receive the good news, our lives might seem to pause as we wait for information from around the world.

It's never easy to be far from loved ones who hurt; yet, we know that we can pray to the same God who is near us and is also with our loved ones far away. The assurance that God can give us is that he remains the same God here in the middle of the Pacific as he is over on the mainland.

Chaplain support

You always have access to a listening ear, and if you need a physical reminder, seek out your local chaplain. But even without the presence of a physical ear to hear you, we can trust that our prayers are heard by someone who loves us, cares for us and is always ready to give



A weapon of war can only be effective is measured in meters, artillery in kilometers and helicopters in flying range for your prayers to God.

The psalmist in Psalm 139:8 writes, "If I go up to the heavens, you are there; if I make my bed in the depths, you are

When all you can do is to pray, you learn that the best you can do is to pray.

Retired Sen.

Daniel Akaka.

center, unties the maile rope

to signify the

Hawaii Show, Tuesday, at

start of the

the Pacific

is U.S. Sen.

Beach Hotel.

At left, in red,

Mazie Hirono.

2017 ALA

for a limited distance. Rifle effectiveness miles. But there is no maximum effective

Warship Services Additional religious services, chil-

dren's programs, educational services and contact information can be found at https://www.garrison.hawaii.army. mil/rso/USARHAW%20Chapel%20 Services.pdf.

AMR: Aliamanu Military Reservation

Chapel Fort DeRussy Chapel

HMR: Helemano Chapel Main Post Chapel, Schofield Barracks Aloha Jewish Chapel,

Pearl Harbor Soldiers' Chapel, Schofield Barracks

TAMC: Tripler Army Medical Center

Chapel WAAF: Wheeler Army Airfield Chapel

Buddhist Services

•First Sunday, 1 p.m. at FD •Last Wednesday, 6 p.m. at MPC

Catholic Mass

- •Monday-Wednesday, 11:45 a.m. at Soldiers' Chapel
- •Thursday, 11:45 a.m. at AMR
- •Wednesday, 5 p.m. at MPC
- •Saturday, 5 p.m. at TAMC
- Sunday services:
- -8:30 a.m. at AMR
- -10:30 a.m. at MPC
- -11 a.m. at TAMC

Gospel Worship

•Sunday, noon at MPC

•Sunday, 12:30 p.m. at AMR

Islamic

•Friday, 12:30 p.m. at AMR (Call 477-7647)

Jewish Shabbat (Sabbath) •Friday, 7:30 p.m. at PH

(Call 473-3971)

Protestant Worship

- Sunday Services
- -9 a.m. at MPC (Contemporary)
- -9 a.m. at FD
- -9 a.m. at TAMC
- -10 a.m. at HMR (Contemporary)
- -10:30 a.m. at AMR (Contemporary)
- -11 a.m. at WAAF (Contemporary)



we always do this one," he added. "The only reason we do this show is to show our appreciation for the men and women who fight for our country. We may not be able to serve this country, but we can

serve the men and women who do." Today, his is one of the Hawaii

businesses that bring in more than \$1 million in sales through the commissary system.

ALA: Supports local products **CONTINUED FROM B-1**

ago, when he first met with commissary officials, they only accepted about three of his company's products. "I thought they didn't like my prod-

ucts," he admitted. "But I just kept trying. The second year they took five products, the third year nine or 10. As they got to know who I was and learned that I was committed to the commissaries, they grew more committed to my products and company.

"We don't usually do food shows, but

You've been stung, ouch! Now what do you do?

DR. GRACE C. O'NEIL Tripler Army Medical Center

HONOLULU — Hawaii is an island paradise in almost every way. However, behind all of this beauty are some pretty nasty little creatures like centipedes, millipedes, scorpions, an array of flying insects and the dreaded fire ant.

Tripler Army Medical Center, also known as TAMC, sees patients regularly for insect stings, especially centipede

Legs aren't the problem

Centipedes have one set of legs per segment of their body, and they have between 15-177 legs total. They hide in dark, damp places and they inject venom to immobilize their prey through pincers that extend from their head.

Centipedes are night creatures, so most stings occur at night. They make two small puncture marks and the stings can cause redness and swelling, and they are painful.

An ice cube wrapped in a cloth and placed on a centipede bite usually relieves the pain. Over-the-counter antihistamines can help reduce swelling, and you should apply an over-the-counter hydrocortisone cream if your symptoms still do not improve.

Symptoms rarely persist for more than 48 hours, but make sure your tetanus shot is updated.

Millipedes have two sets of legs for every segment of their body, and they



Pictured are little fire ants (Wasmannia auropunctata).

can have anywhere between 80-400 legs. They have shorter legs than a centipede.

Although millipedes do not bite, they may secrete a toxin that can be irritating, especially if rubbed into the eye by accident. Therefore, wash their secretions from the skin with soap and water.

Scorpions

Scorpions have eight legs and a pair of pincers (like a crab). There is one scorpion in Hawaii, the "lesser brown scorpion."

The stinger injects venom that's located at the end of a narrow tail that curves around and over the back of the scorpion's body. The sting causes pain, redness, itching and swelling like a bee sting. People can also have nausea, vomiting, diarrhea and pain from the sting.

If anyone has difficulty breathing, fainting, swelling of the tongue or other severe symptoms, call 911 immediately.

Other reactions

Other insects that sting include bees, wasps, yellow jackets, hornets and im-



Treat insect bites and stings with care. **Tripler Army Medical Center regularly** treats insect stings, such as those from centipedes.

ported fire ants. When the sting is caused by a honey bee, the stinger can remain in the skin because it is barbed. It is important to remove the stinger as soon as possible because the stinger will continue to release venom for 45-60 seconds following the sting.

After the stinger is removed, wash the area and use a cold compress to relieve the pain. Symptoms are usually mild and include some localized swelling, itching and redness at the site of the sting. Overthe-counter antihistamines can help with itching. Try to avoid rubbing or scratching the sting site, as germs from the surface of the skin could be introduced into the wound and cause an infection.

Some people can develop a severe total body reaction that includes nausea, vomiting, abdominal pain, low blood pressure, a total body rash and difficulty breathing from swelling of their tongue and airway. Severe symptoms usually start within 30 minutes of being stung, and these patients need to go to the hospital immediately.

If you are entering an area with bee or wasp activity, avoid wearing perfume or using scented soap as they may react to odors in their environment. Avoid wearing brightly colored clothing with patterns and try to remain calm if a bee or wasp lands on you.

In swimming pools, avoid bees or wasps trapped on the surface of the water and wear long pants and a long-sleeve shirt if you are going into an area with a bee or wasp nest.

Fire ants can hitchhike on potted plants, mulch, firewood and soil to your property. The "little fire ant" sting burns like fire. Some people develop red welts that burn and itch for days.

Cold packs, over-the-counter pain relievers and antihistamines can help relieve symptoms.

Rarely, a large number of stings can trigger a life-threatening allergic reaction. Call 911 if someone develops chest pain, difficulty breathing, hoarseness or swelling of the tongue or throat.

TAMC

Work Safely



All jobs can benefit by having a healthier

workforce. Plus, some jobs require extra protection.

Take a few minutes to pay attention to your health and safety at your place of work.

 Put on protective clothing and



equipment to protect your eyes, ears and

- Take brief rest breaks throughout the day to help lower stress and strain on the eyes
- and muscles. •Eat healthy meals and snacks.
- •Educate yourself about health and safety.



CONTINUED FROM B-2

things personally. Call 655-4227.

31 / Thursday

Extreme Couponing Workshop held at SB ACS from 10-11:30 a.m. and will teach you how to read coupons, where to find them, etiquette, terminology and more. Call 655-4227.

Coding with Color — Explore coding basics by creating with littleBits (color-coded, magnetic

electronic building blocks) at SB Sgt. Yano Library from 3:30-4:30 p.m. Open to youth 10-17. Space is limited. Preregistration is required. Call 655-8002.

BOSS Event — Virtual Reality Gaming held at SB Tropics. Call 352-223-6370.

Ongoing

Flag Football — Registration is open to company level, Army active duty, Reserve and Army National Guard companies within the geographical limits of Hawaii. All players must play for their assigned/attached company/unit. Registration is available now at any Army PFC.

Regular season runs Sept. 5-Nov. 3. Playoffs start Nov. 6. Call 655-9650/0856/9914.

Preseason starts Aug. 28.

Paniolo Salad — This is the August featured salad. Enjoy fresh ingredients off FS Hale Ikena's salad bar to build your very own salad, weekdays, 11 a.m.-2 p.m. Just follow along with our monthly recipe card and enjoy. Call 438-1974.

Public School Registration

 Register your child for school. Registration is accepted throughout the year.

Call the Army School Liaison Office at 655-8326.